



**Gourmet Convenience & Upscale Catering**

goodfood@tastefinefoods.ca

Phone: 519-823-6700

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**Ontario beef;**

Slow braised beef, horseradish cream and gravy

White and sweet potato mash

Creamy bacon Savoy cabbage

Romaine kale and spinach salad, sunflower seeds blueberry and goat cheese

Fresh sliced baguette and butter

\$27

**Beef tenderloin;**

Beef tenderloin marinated with honey and balsamic cooked whole

Roasted Brussel sprouts with bacon and onion

Roasted potato dressed with olive oil and fresh herbs

Romaine kale and spinach salad, sunflower seeds blueberry and goat cheese

Fresh sliced baguette and butter

\$45

**St. Jacobs Pulled pork;**

12 hour roasted pulled pork

Coleslaw with avocado vinaigrette

Orange and ginger marinated broccoli salad

White and sweet potato roasted with herbs and olive oil

\$16



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**Stuffed chicken breast;**

6oz fresh chicken breast stuffed with choice of filling

3 bean and rice mixture with fresh herbs

Braised root vegetables, beets, carrots and parsnips with peppers

Green mango salad

\$25

**Fish;**

Atlantic wild Salmon with orange leek sesame glaze

Rice and three bean mix

Braised collard green and mushroom

Thai noodle; zucchini noodle, micro greens red pepper, cucumber and soy dressing

\$24

**Vegan Buffet;**

Spinach salad with pine nuts and blueberry, orange sesame dressing

Curried chick pea salad

Roasted bell peppers stuffed with bulgur, artichoke hearts and kalamata olives

Pad Thai

Couscous stuffed Portobello mushrooms

\$26 per person

Gluten free available, nut free is available however nuts are on site.